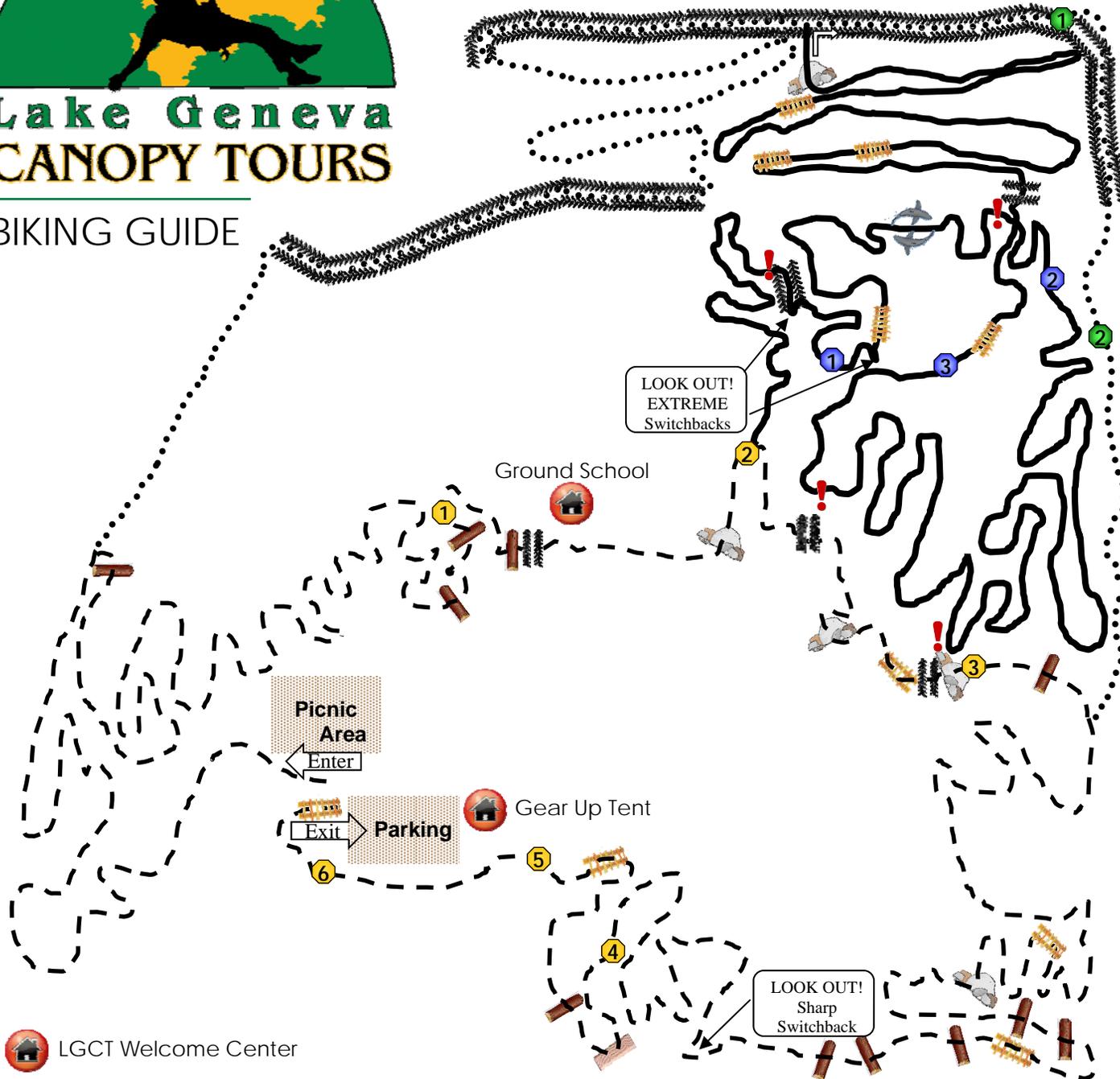


Lake Geneva CANOPY TOURS

BIKING GUIDE

Arbor Trails



Beginner
 Intermediate - - - - -
 Expert _____

Legend

- Evacuation Point
- Exit where you can leave the trail and take beginner, intermediate, or ranger trails back to more friendly ground.
- Ranger Trail Crossing
- Ladder Bridge
- Plank Jump
- Log
- Boulders
- The Shark Pit

Rules of the Trail

- STAY ON the trail at all times. Smoking is not permitted.
- STAY OFF all canopy tour and team building elements. (platforms, towers, bridges, stairways, walls, etc.)
- NO LITTERING! Glass containers are not permitted.
- Leave NO MINORS or PETS UNATTENDED at any time.
- A helmet MUST be worn at all times when on a bike.

Beginner Track (3.25 Miles*)

- 1 To help you get your bearings, that is US Highway 12 to the north.
- 2 *Vantage Point:* You should now be able to see one of our SkyBridges, a feature in our zip line Canopy Tour.

Intermediate Track (3.1 miles)

- 1 Throughout the next section of trail you will come across the elements of our Team Building course—developed for school, community, and corporate groups.
- 2 *Vantage Point:* Our 240-foot SkyBridge is the longest of its type in the lower 48 states.
- 3 *Vantage Point:* From here you can see Donkey Kong, a triple level platform that is a part of our canopy tour.
- 4 This is the Training & Rescue Course that is used by our SkyGuides monthly.
- 5 *Vantage Point:* Watch Canopy Tours guests fly down the Dual Racing Zip Line at speeds of up to 45 mph!
- 6 *Vantage Point:* When the trees are bare, you can see Lake Como in the distance to the South.

Expert Track (2.6 miles)

! CAUTION: The Expert-level trail is for experienced, fit, and properly attired bikers. If you still think you would like to give it a try, the symbol on the map denotes “Bail” points where you can leave the trail and take the beginner, intermediate, or ranger trails back to more friendly ground.

- 1 *Vantage Point:* This glade is home to The Beast, the longest and fastest zip line on our canopy tour course.
- 2 *Trail Point: Crossroads.* Above you is one of the 5 SkyBridges on our canopy tour. The expert-level trail continues straight ahead, or you can bail to the beginner track running parallel on your left or the intersecting ranger trails will take you to the intermediate trail.
- 3 *Did You Know?* This glade is an unreclaimed gravel pit, as you can see by the dangerous, steep vertical walls. Our Dual Racing Zip Line is built on a reclaimed gravel pit where those walls were graded leading to better safety, natural revegetation and wildlife habitat.

Local Cycling Clubs

The Arbor Trails were built and are maintained by **Treadhead Cycling**, a Lake Geneva biking club. Check them out at: www.treadheadcycling.com

Chicago Area Mountain Bikers (CAMBr)

Check them out at: cambr.org

Cycling Shops

RRB Cycles - Lake Geneva, WI

Bob's Pedal Pusher- Burlington, WI

Epic Cycle and Fitness - McHenry, IL

The Bike Haven - McHenry, IL

Zion Cyclery - Zion, IL

Online Reviews

Rate and Review LGCT Arbor Trails at:
www.singletracks.com/bike-trails/lgct-arbor-trails
www.mtbr.com
www.trails.com



**Lake Geneva
CANOPY TOURS**

BOOK ONLINE!

www.LakeGenevaCanopyTours.com

or call 262-248-9271

Open 7 days a week, year round.

Traverse 8 ziplines, platform to platform, in the canopy of the trees. Cross 5 SkyBridges and climb 4 spiral stairways including a one-of-a-kind double helix stairway that ascends 40 feet to the top of a beautiful Ash tree. Our Dual Racing Zipline* is 1,200 feet long and provides an exciting end to your canopy tour. Riders can reach speeds of over 45 mph!